

December 2006 - Spinning Class

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					6:15 Sean Nunnelley	
					12:05 John Seebach	
3	4	5	6	7	8	9
	6:15		6:15	6:15 Sean Nunnelley	6:15	
	12:05 John Seebach	12:05 Helen Crane	12:05	12:05	12:05 John Seebach	
		5:15 Sean Nunnelley	5:15 Saul Garza	5:15 John Ehrke		
10	11	12	13	14	15	16
	6:15 Sean Nunnelley	6:15 Sean Nunnelley	6:15	6:15	6:15 Sean Nunnelley	
	12:05 Becky Hart	12:05	12:05 John Seebach	12:05 Becky Hart	12:05 Stuart Crane	
		5:15 Erin Caro	5:15 Sean Nunnelley	5:15 John Ehrke		
17	18	19	20	21	22	23
	6:15	6:15	6:15	6:15	7:15 Sean Nunnelley	
	12:05 Becky Hart	12:05	12:05 John Seebach	12:05 Sean Nunnelley	12:05 Stuart Crane	
		5:15 Erin Caro	5:15 Saul Garza	5:15 John Ehrke		
24	25	26	27	28		
	Merry Christmas & Happy New Year!					